SEPTEMBER 2021
PROGRAM DESCRIPTIONS

Sex Ed Jeopardy with Planned Parenthood
Wednesday, 9/1 5:30-6:30 pm Sarasota
Test and grow your knowledge with a trivia challenge
plus a Q&A session on Gender Affirming Hormone
Therapy with Planned Parenthood!

Self-Portrait, Self-Love
Thursday, 9/2 4-6 pm Manatee
Join other youth as you create artwork
that reflects and celebrates you!

Youth Book Club
Thursday, 9/2 6-7 pm Manatee
Join us as we discuss Mason Deaver's 'I Wish You
All The Best' and how Queer Literature reflects us

Karaoke Night
Friday, 9/3 6-8 pm Sarasota
Come hang out as we rock all night with
Karaoke tracks of your favorite songs!

Tie-Dye Day
Saturday, 9/4 12-3 pm Sarasota
Bring a 100% cotton item to tie-dye and wear with pride!

Managing Stress Naturally
Wednesday 9/8 6-7 pm Sarasota
Join Vitality Chiropractics for Wellness Wednesday
as we care for our bodies and minds!

Successful Habits for a Successful Year
Thursday 9/9 5-6:30 pm Sarasota
Join a workshop with Kaylie from New College of Florida's
Student Success Program to set up good habits for this
school year

Beneva's Talent Night
Friday, 9/10 6-8 pm Sarasota
Join Beneva Fruitville in showing off your talents!
Participate in and learn about drag, singing, magic, and
poetry for a magical night!

Tea Party
Saturday 9/11 12-3 pm Manatee
Enjoy tea, biscuits, cucumber sandwiches, and some Great
British Baking Show with other youth!

ALSO Jr. Rock Painting
Tuesday, 9/14 5-6 pm Sarasota
Are you 10-12 years old? Come hang out with
other youth your age as we paint pride rocks!

Yoga Class
Wednesday 9/15 6-7 pm Sarasota
Find your center this Wellness Wednesday! Come join a
representative from Lululemon for a yoga class! All experiences
welcome and yoga mats are provided

Board Game Night
Thursday, 9/16 4-6 pm Manatee
Come hang out with other youth as we play board
games and get to know each other

Blackout Poetry
Friday 9/17 6-8 pm Sarasota
Show off your creativity as we turn a page of text
into beautiful poems and share them

Manatee Pride
Saturday 9/18 12-5 pm
Join us at a free festival at the Bradenton Riverwalk.
Volunteer opportunities available along with a fun day
of food, entertainment, and celebration!

Self-Talk Workshop
Wednesday 9/22 6-7 pm Sarasota
Join us for a Wellness Wednesday workshop on
mental health with Christine Murowski, LMHC

Self-Discovery Vision Boards
Thursday 9/23 5-7 pm Sarasota
Come explore options and create a vision board for life after
high school with the Education Foundation of Sarasota County

Bisexual Awareness Crafts
Friday 9/24 4-7 pm Sarasota
Join us in celebrating Bisexual Awareness Week by
making crafts and jewelry to show pride and support
for the Bees in our LGBTQ+ community!

Harvey Milk Festival Screening
Friday, 9/24 7-9 pm Sarasota
We're screening the opening film of the Fabulous
Independent Film Festival! Pier Kids shows us the lives of
three LGBT youth of color as they navigate homelessness in
New York. Q&A with the director over Zoom to follow!

Meditation Night
Wednesday 9/29 6-7 pm Sarasota
De-stress on this Wellness Wednesday with other
youth as we meditate and get grounded

Youth Advisory Panel
Thursday 9/30 5-6 pm Sarasota
Join our Youth Advisory Panel to help shape our
projects and develop leadership skills!

Questions? Want to join remotely?
Email veronica@alsoyouth.org!